

What Is the
Narcotics Anonymous
Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexualidentity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

Phone Numbers to call
BEFORE YOU USE

Chautauqua Area Service
Committee of
Narcotics Anonymous



Meeting Schedule
Revised 4/29/17

Contact Information

CASCNA
PO Box 2152
Jamestown, N.Y. 14702
Helpline (716) 240-5983
Email: cascna@yahoo.com

Regional Website: www.nawny.org

Simple Suggestions for staying clean:

1. 90 meetings in 90 days
2. Get a sponsor and call him/her
3. Get a Home Group
4. Do Service Work
5. Avoid your old playmates, playgrounds, and playthings

The Twelve Steps Of
Narcotics Anonymous

Key

O - Open Meeting
C - Closed Meeting (addicts ONLY)
NS - No Smoking
WC - Wheel Chair Accessible
NCPS - No Court Papers Signed

Monday

7:00PM - 8:00PM Our Choice
O, NS, WC
WCA Hospital, Main Entrance,
2nd Floor, Classroom #2
207 Foote Ave, Jamestown, NY 14701

Tuesday

7PM - 8PM Never Alone Never Again
O, NS, NCPS
First Lutheran Church
120 Chandler St, Jamestown, NY 14701

Wednesday

7:00PM - 8:00PM Our Choice
O, NS, WC
WCA Hospital, Main Entrance,
2nd Floor, Classroom #2
207 Foote Ave, Jamestown, NY 14701

Thursday

7:00PM - 8:00PM Our Choice
O, NS, WC, (Last Thurs Speaker)
WCA Hospital, Main Entrance,
2nd Floor, Classroom #2
207 Foote Ave, Jamestown, NY 14701

Friday

7:00PM - 8:00PM Our Choice
O, NS, WC
WCA Hospital, Main Entrance,
2nd Floor, Classroom #2
207 Foote Ave, Jamestown, NY 14701

Saturday

1:30PM - 2:30PM Our Choice
O, NS, WC
WCA Hospital, Main Entrance,
2nd Floor, Classroom #2
207 Foote Ave, Jamestown, NY 14701

7PM - 8PM Never Alone Never Again
O, NS, NCPS
First Lutheran Church
120 Chandler Street, Jamestown, NY

- 1 We admitted we were powerless over our addiction, that our lives had become unmanageable.
- 2 We came to believe that a Power Greater than ourselves could restore us to sanity.
- 3 We made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4 We made a searching and fearless moral inventory of ourselves.
- 5 We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6 We were entirely ready to have God remove all these defects of character
- 7 We humbly asked Him to remove our shortcomings
- 8 We made a list of all persons we had harmed and became willing to make amends to them all.
- 9 We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10 We continued to take personal inventory and when we were wrong promptly admitted it.
- 11 We sought through prayer and meditation to improve our conscious contact with God as we understood Him praying only for the knowledge of His will for and the power to carry that out.
- 12 Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.